

# FOR AFTER

## DESSERTS

### VANILLA ICE CREAM <sup>GF</sup> 5.50

3 scoops of vanilla ice cream with a chocolate dusting

### OVEN BAKED AMERICAN STYLE WAFFLE 6.50

An American style cinnamon served with chocolate sauce & vanilla ice cream

### WARM CHOCOLATE BROWNIE <sup>GF</sup> 6.50

Served with vanilla ice cream

### COOKIE DOUGH SUNDAE 6.50

Clotted cream vanilla ice cream with warm cookie dough, chocolate sauce & cream

### STICKY TOFFEE PUDDING 6.50

A warm & sticky toffee pudding served with vanilla ice cream

### CHURROS 6.50 FOR 1 | 8.50 FOR 2

Oven baked chocolate filled mini churros

## VEGAN

### VANILLA ICE CREAM <sup>VG</sup> 6.00

### BROWNIE <sup>VG</sup> 7.00

With vegan vanilla ice cream

### STRAWBERRY SUNDAE <sup>VG</sup> 7.00

Vegan vanilla ice cream, fresh strawberries & strawberry sauce

## HOT DRINKS

### POT OF TEA FOR ONE 3.50

### SPECIALITY TEAS 4.00

Green, Peppermint or Earl Grey

### COFFEE REG 3.50 LARGE 4.00

Latte, Cappuccino, Flat White, Americano, Espresso or Mocha. **Add a flavouring of vanilla or caramel +0.50**

### HOT CHOCOLATE 4.50

Cadbury's hot chocolate served with whipped cream, marshmallows & chocolate dusting



Warm Chocolate Brownie

## CREATE YOUR OWN WAFFLES 7.50

A freshly cooked waffle topped with chocolate sauce, squirty cream, vanilla ice cream & your choice of:

Kinder Bueno Pieces | Terrys Chocolate Orange Pieces | Milkybar White Chocolate Pieces

**ROCK GARDEN**

#SUPPORTLOCAL



rockgardentorquay.co.uk

**ROCK GARDEN**

**FOOD**  
SERVED 11-9.30

## PLEASE ORDER AT THE BAR

All our food is prepared to order & cooked from fresh, therefore please be aware that at times there may be a slightly longer wait. Thank you for your patience.

## STARTERS & SMALL PLATES

### BREAD & OILS 6.00

Warm Italian flatbread served with dipping oil

### GARLIC BREAD 6.50

Fresh Italian ciabatta topped with garlic & olive oil. **Add Cheese + 1.00**

### BREAD & OLIVES 7.00

Warm Italian flatbread served with pitted olives

### CHICKEN WINGS <sup>GF</sup> 7.50

BBQ marinated chicken wings

### MEATBALLS 7.50

In a tomato & basil sauce served with warm bread

### MINI CHICKEN KEBABS 8.00

Mini Teriyaki glazed chicken skewers

### PORK BELLY BITES <sup>GF</sup> 8.00

Served with rocket & a sweet chilli dip

### HALF RACK OF RIBS <sup>GF</sup> 8.00

Smothered in BBQ sauce

### DUCK PANCAKES 8.50

4 duck pancakes served with Chinese style duck meat, spring onion, cucumber & hoisin sauce

### BAKED CAMEMBERT 9.50

Warm & gooey oven baked Camembert served with warm bread & caramelised onion chutney

## LUNCHTIME! SERVED 10-4

### BRUNCH

### THE FULL ENGLISH 7.50

1x sausage, 1x bacon, 1x egg, 1x hash brown, mushrooms, cooked tomato, beans, brown or white toast **GF with no toast**

### THE BIG BREAKFAST 9.50

2x sausage, 2x bacon, 2x egg, 2x hash brown, mushrooms, cooked tomato, beans, brown or white toast **GF with no toast**

### STEAK & EGGS 13.00

An 8oz rump steak, hash browns, 2 fried eggs, cooked tomato & a pot of beans

## JACKET POTATOES

Oven baked & locally sourced. Choose from:

### CHEESE, BEANS, HAM OR COLESLAW <sup>GF</sup>

①= 6.50 ②= 7.00 ③= 7.50

### CHILLI <sup>GF</sup> 7.50

Add cheese + 1.00

### PULLED PORK <sup>GF</sup> 7.50

Add cheese + 1.00

### TUNA MAYO & SWEETCORN <sup>GF</sup> 7.50

Add cheese + 1.00

IF YOU WOULD LIKE YOUR CHEESE MELTED PLEASE JUST ASK

### CIABATTAS

All served on a rustic ciabatta with salad garnish & crisps

**★ UPGRADE! TO SKINNY FRIES OR WEDGES FOR JUST £2.00! ★**

### TUNA MAYO & SWEETCORN 7.50

### BACON, LETTUCE & TOMATO 7.75

### BACON, BRIE & CRANBERRY 8.00

Bacon, melted Brie & cranberry sauce

### BREAKFAST BAP 8.00

Sausage, bacon & egg

### CHICKEN & CHORIZO MELT 8.25

Chicken, chorizo, Mozzarella, lettuce & tomato with BBQ sauce

### PULLED PORK ROLL 8.50

Our homemade secret recipe BBQ pulled pork & topped with Cheddar cheese

### PHILLY STEAK 9.00

Marinated steak, melted Mozzarella, red onion, mushrooms & roasted peppers

### ROCK CLUB SANDWICH 10.00

Chicken, bacon, egg, tomato, lettuce & mayo on brown or white bread.

Served with fries

**CHOOSE ANY 3 FOR JUST £19!**

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At Rock Garden we recognise that for our guests who suffer from allergies and intolerances, even a small trace of that ingredient, can be extremely dangerous. Therefore we go to great lengths to ensure that allergen and intolerance information is available for all of the dishes that we produce. All we ask is that you please be aware of the following two points: 1. If you suffer from a food allergy or intolerance, please ensure that you clearly inform us when placing your order. If you do not, your menu choice(s) will be prepared following our standard recipe(s) which may include ingredients that are unsuitable for you. 2. Our kitchens process allergenic ingredients and therefore, in the normal operation of our business, we cannot completely guarantee there to be no risk of allergen cross-contamination when preparing food however, once a guest has made us aware of their food allergy or intolerance, we will take all reasonable steps to minimise the risk of cross-contamination during the preparation of their meal. If you would like information on the allergens within our dishes, please just ask one of our staff.

## ULTIMATE NACHOS

A large bowl of nachos with salsa & jalapeños served with pots of sour cream & guacamole. Choose from:

JUST CHEESE <sup>GF</sup> 10.50

CHICKEN <sup>GF</sup> 11.00

CHILLI <sup>GF</sup> 11.50

PULLED PORK <sup>GF</sup> 11.50

## SIGNATURE SALADS

All served with mixed leaves, cos lettuce, tomato & red onion

TUNA MAYO & SWEETCORN <sup>GF</sup> 9.50  
Made with real mayonnaise

GOATS CHEESE & PEPPERS <sup>GF</sup> 10.00  
Freshly cooked goats cheese & roasted peppers

CAJUN CHICKEN <sup>GF</sup> 10.50  
Freshly cooked chicken breast in a Cajun rub topped with garlic mayonnaise

CAESAR DRESSED CHICKEN 11.50  
Freshly cooked chicken breast & croutons topped with our Caesar dressing & Parmesan

STEAMED SALMON SALAD <sup>GF</sup> 12.50  
An 8oz steamed salmon fillet topped with a maple glaze & blackened

## SIDES

COLESLAW <sup>GF</sup> 3.00

SIDE SALAD <sup>GF</sup> 3.00

OLIVES <sup>GF</sup> 3.00

ONION RINGS 4.00

WEDGES <sup>GF</sup> 4.50

SKINNY FRIES <sup>GF</sup> 4.50

DIRTY WEDGES/FRIES <sup>GF</sup> 7.50

Chilli or pulled pork topped with Cheddar cheese

## ROCK BURGERS

All our burgers come with skinny fries or homemade wedges, salad & coleslaw. We source our meat locally & of course all our burgers are 100% beef.

### DOUBLE UP!

★ ADD ON AN EXTRA BURGER OR CHICKEN BREAST TO YOUR BURGER FOR JUST £3.00! ★

BEEF

PLAIN BEEF 13.00

Beef burger, lettuce & tomato

SAY CHEESE 13.50

Topped with Monterey Jack cheese

CLASSIC CHEESE & BACON 14.00

Topped with smoked bacon & Monterey Jack cheese

THE BILLY BURGER 14.00

Topped with goats cheese & caramelised onions

THE MEXICAN 14.00

Topped with our homemade chilli & Monterey Jack cheese

THE FRENCH CONNECTION 14.00

Topped with bacon & Brie

THE GREEDY PIG 14.50

Topped with pulled pork, smoked bacon Monterey Jack cheese with pork crackling on the side

THE ROCK BURGER 14.50

Topped with our secret recipe relish, smoked bacon, Monterey Jack cheese, pickle & onion rings

CHICKEN

PLAIN CHICKEN 13.00

Freshly cooked chicken breast, lettuce & tomato

PIRI-BURGER 13.50

Marinated Piri Piri chicken & rocket leaves served with sour cream

HUNTERS BURGER 14.00

Topped with BBQ sauce, smoked bacon & Monterey Jack cheese

THE FAJITA BURGER 14.00

Chicken breast rubbed in fajita spices, topped with roasted peppers, onions, salsa & guacamole

GLUTEN FREE CREATE YOUR OWN <sup>GF</sup> 13.50

Choose between a 6oz beef patty or a freshly cooked chicken breast, then pick your own toppings

### TOP-IT-UP

0.75 <sup>GF</sup>

Monterey Jack Cheese, Roasted Peppers, Onions, Mushrooms, Caramelised Onions, Pickles

1.50 <sup>GF</sup>

Pulled Pork, Smoked Bacon, Goats Cheese, Chilli, Chorizo, Brie

## FAVOURITES

All favourites come with your choice of skinny fries, wedges or jacket potato, salad & coleslaw unless otherwise stated

HOMEMADE CHILLI 13.00

Our homemade house chilli served with rice, bread & sour cream

PIRI PIRI CHICKEN <sup>GF</sup> 13.50

Marinated piri piri chicken breast, with sour cream on the side

CARIBBEAN CHICKEN <sup>GF</sup> 14.00

A fresh chicken breast cooked in our secret recipe creamy coconut sauce

BBQ CHICKEN MELT <sup>GF</sup> 14.50

A fresh chicken breast topped with bacon, BBQ sauce & Cheddar cheese

NAPLES CHICKEN <sup>GF</sup> 14.50

A fresh chicken breast topped with Parma ham, tomato & basil sauce & Parmesan

8OZ RUMP STEAK <sup>GF</sup> 15.50

Cooked to your liking accompanied with onion rings, mushroom & cooked tomato

Make it a Cajun Blackened Steak +1.00 <sup>GF</sup>

Add

Peppercorn or Blue Cheese Sauce +2.00 <sup>GF</sup>

8OZ SALMON FILLET <sup>GF</sup> 15.50

Cooked in your choice of a maple glaze, Cajun blackened or with a creamy coconut sauce

RIBS & WINGS <sup>GF</sup> 15.50

Half rack of BBQ ribs & BBQ chicken wings

THE TRIO <sup>GF</sup> 20.50

8oz steak cooked to your liking, half rack of BBQ ribs & BBQ chicken wings. Served with mushroom & cooked tomato

## FAMOUS FAJITAS

Our fajitas are cooked in our secret blend fajita rub with onions & roasted peppers on a sizzling platter along with tortillas, cheese, salsa, guacamole & sour cream

CHICKEN 15.50

<sup>GF</sup> +1.50

STEAK 16.50

<sup>GF</sup> +1.50

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## HAND CRAFTED PIZZAS

Our 12" pizzas are created from our fresh homemade dough then cooked in our wood fired pizza oven for that authentic Italian taste

MARGHERITA 13.00

Tomato base with mozzarella

NEW YORKER 13.50

Italian dry smoked pepperoni

HAWAIIAN 13.50

Ham & pineapple

THE BBC 14.00

Bacon, brie & cranberry

DEVIL WILL CRY 14.00

Spicy beef, pepperoni & jalapeños

THE CAPRINO 14.00

Goats cheese, caramelised onions & sundried tomatoes

THE MEDITERRANEAN 14.50

Chicken, chorizo, olives & sundried tomatoes

CARNIVORE CLUB 14.50

Homemade meatballs, chicken, ham & sausage

TEXAN BBQ 14.50

A BBQ base topped with chicken, bacon, onions & roasted peppers

RETURN OF THE MAC 14.50

A garlic butter base topped with mac'n'cheese, ham, mozzarella & parmesan

THE PORTUGEEZER 15.00

Piri piri Chicken, peppers, onions & garlic mayo

SAUSAGE FEST 15.00

Pork sausage, hot dog sausage, chorizo & pepperoni

THE ROYAL ROCK 15.00

Parma ham, sundried tomatoes, fresh rocket & parmesan

PEKING QUEEN 15.00

Hoisin sauce base topped with duck spring onion & fresh cucumber

3 LITTLE PIGS 15.00

Pulled pork, bacon, pepperoni & crackling

THE FRESH PRINCE 15.50

Philly marinated steak, red onion, peppers & mushrooms

CREATE YOUR OWN! 13.00 OR 14.00 <sup>GF</sup>

Choose between a tomato, BBQ or garlic butter base

ADD EXTRA TOPPINGS

0.75

Pineapple <sup>GF</sup> Ham <sup>GF</sup> Jalapenos <sup>GF</sup> Roasted Peppers <sup>GF</sup> Onions <sup>GF</sup>  
Pepperoni <sup>GF</sup> Bacon <sup>GF</sup> Sweetcorn <sup>GF</sup> Mushrooms <sup>GF</sup>  
Tomato <sup>GF</sup> Spring Onion <sup>GF</sup> Onions <sup>GF</sup> Rocket Leaves <sup>GF</sup>  
Caramelised Onion <sup>GF</sup> Red Onion <sup>GF</sup> Spicy Beef <sup>GF</sup>

1.50

Pulled Pork <sup>GF</sup> Goats Cheese <sup>GF</sup> Chilli <sup>GF</sup> Chorizo <sup>GF</sup> Olives <sup>GF</sup>  
Parma Ham <sup>GF</sup> Blue Cheese <sup>GF</sup> Sun Dried Tomatoes <sup>GF</sup> Duck <sup>GF</sup>  
Chicken <sup>GF</sup> Piri Piri Chicken <sup>GF</sup> Philly Steak