

ROCK GARDEN

V/VG

LUNCHTIME! SERVED 10-4

JACKETS

Oven baked and locally sourced. Choose from:

CHEDDAR CHEESE^V, COLESLAW^V,
HOUMOUS^{VG}, BEANS^{VG}, PEPPERS^{VG},
VEGAN CHEESE^{VG} OR COLESLAW^{VG}

1 = 6.00 2 = 6.50 3 = 7.00

5 BEAN CHILLI^{VG} 7.00

SWEET POTATO CURRY^{VG} 7.00

BBQ PULLED JACK FRUIT^{VG} 7.00

CIABATTAS

Served on fresh rustic ciabatta roll with salad garnish & crisps

CLUB MED^{VG} 7.00

Houmous, peppers, sun-dried tomatoes & rocket leaves

MEATFREE-BALL SUB^{VG} 7.50

Our classic Italian meatfree meatballs in a tomato & basil sauce topped with vegan cheese

SMOKIN' TOFU MELT^{VG} 8.00

Marinated tofu, vegan cheese & BBQ sauce

BBQ PULLED JACK FRUIT^{VG} 8.00

Homemade pulled jack fruit in our secret recipe BBQ sauce. **Add Cheese/Vegan cheese +1.00**

SIGNATURE SALADS

All consist of mixed leaf, cos, tomato & red onion

VEGAN SALAD^{VG} 8.50

Sweetcorn, roasted peppers & sun-dried tomatoes

GOATS CHEESE 9.50

Freshly baked goats cheese & roasted peppers

MOCK CAESAR SALAD 10.50

Caesar dressed faux chicken pieces & croutons

NACHOS

A large bowl of nachos with salsa & jalapeños served with pots of sour cream^V & guacamole. Choose from:

CHEDDAR CHEESE 10.50

VEGAN CHEESE^{VG} 11.00

ADD + 0.50:

Homemade 5 Bean Chilli^{VG}
BBQ Pulled Jack Fruit^{VG}

SIDES

MIXED OLIVES^{VG} 3.00

HOMEMADE ROCK'SLAW 3.00

VEGAN SLAW^{VG} 3.00

HOMEMADE SEASONED WEDGES^{VG} 4.00

SIDE SALAD^{VG} 4.00

SKINNY FRIES^{VG} 4.00

BREAD & OLIVES^{VG} 6.00

Warm Italian flatbread served with dipping oil

BREAD & HOUMOUS^{VG} 6.00

Homemade houmous served with warm Italian flatbread

GARLIC BREAD^{VG} 6.00

Fresh Italian ciabatta topped with our vegan garlic & parsley butter. **Add Cheese/Vegan Cheese +1.00**

MEATFREE-BALLS^{VG} 7.00

In a tomato & basil sauce served with warm bread

LOADED WEDGES OR FRIES^{VG} 7.50

Wedges or fries with vegan chilli or BBQ pulled jack fruit, topped with vegan cheese

BAKED CAMEMBERT 8.50

Warm & gooey oven baked Camembert served with toasted Italian flatbread & our Devon chutney

VEGETARIAN^V / VEGAN^{VG}



BURGERS

Served with skinny fries or homemade wedges, vegan coleslaw & salad

★ **DOUBLE UP!** ★
DOUBLE PATTY
FOR JUST £2.50!

PLAIN VEGAN^{VG} 12.00

Our vegan patty topped with lettuce & tomato

VEGAN CLASSIC^{VG} 12.50

Our vegan patty topped with vegan mayo & cheese

JACKED UP^{VG} 13.00

Our vegan patty topped with our homemade BBQ pulled jackfruit & vegan cheese

THE HAS BEAN^{VG} 13.00

Our vegan patty topped with our homemade 5 bean chilli & vegan cheese

THE BIG VEGAN^{VG} 14.00

Our homemade vegan patty topped with caramelised onions, vegan cheese & vegan mayo with of onion rings

CREATE YOUR OWN^{VG} 12.00

Choose between our spicy oriental or vegan patty & then pick your own toppings

TOP-IT-UP

0.60

^{VG}

Roasted Peppers, Caramelised Onions, Jalapeños, Pickles

1.20

Vegan Cheese^{VG}, Goats Cheese, BBQ Pulled Jack Fruit^{VG}, 5 Bean Chilli^{VG}, Cheddar Cheese

FAVOURITES

All served with skinny fries or wedges & salad unless otherwise stated

GARDEN CHILLI^{VG} 12.00

Our homemade 5 bean chilli served with rice

SWEET POTATO CURRY^{VG} 12.00

Our homemade creamy sweet potato korma has a little bit of a kick and is served with rice, naan & mango chutney

VEGAN KEBAB^{VG} 13.00

A warm pitta filled with our cajun spiced faux-chicken with sweet chilli or vegan mayo, lettuce, tomato & cucumber

CREAMY CARIBBEAN BITES 13.50

Our faux-chicken chunks are cooked in our secret recipe creamy coconut sauce

VEGETABLE FAJITAS^{V/VG} 14.00

Red onions, peppers, mushrooms, sun-dried tomatoes & sweetcorn served on a sizzling platter with warm tortillas, guacamole, salsa, sour cream^V & Cheddar cheese^V or vegan cheese^{VG}

FAUX-CHIK'N FAJITAS^{V/VG} 15.00

Our fajita spiced faux-chik'n served on a sizzling platter with warm tortillas, guacamole, salsa, sour cream^V & Cheddar cheese^V or vegan cheese^{VG}

TOFU FAJITAS^{V/VG} 15.00

Tofu, peppers & onions served on a sizzling platter with warm tortillas, guacamole, salsa, sour cream^V & Cheddar cheese^V or vegan cheese

ENCHILADAS^{V/VG} 15.00

Choice of BBQ Pulled Jackfruit or 5 Bean Chilli oven roasted in a fresh tortilla & topped with our homemade tomato & basil sauce & Cheddar cheese^V or vegan cheese^{VG}

PIZZA

Homemade, wood fired & stone baked.
Choose from a homemade tomato or BBQ base ^{V/VG}

PLEASE STATE STANDARD OR VEGAN CHEESE

MARGHERITA^V 12.00

VEGAN MARGHERITA^{VG} 12.50

LAZY HUNTER^{V/VG} 13.00

Mushrooms, peppers & red onion

THE SPICY BEAN^{V/VG} 13.50

5 bean chilli, jalapenos & peppers

THE ITALIAN^{V/VG} 13.50

Sun-dried tomatoes, olive & rocket leaves

VEGAN BBQ^{VG} 14.00

A BBQ base topped with our faux-chicken, peppers & onions

HERBIVORE CLUB^{V/VG} 14.50

Faux-chicken, meat-free balls & pulled jackfruit

CREATE YOUR OWN

MARGHERITA^V 12.00

VEGAN MARGHERITA^{VG} 12.50

0.60

^{VG}

Jalapeños, Pineapple, Roasted Peppers, Red Onions, Sun-dried Tomatoes, Sweetcorn, Mushrooms, Pickles Spring Onion, Caramelised Onions, Rocket Leaves

1.20

Blue Cheese, Goats Cheese, Olives^{VG}, BBQ Pulled Jack Fruit^{VG}, 5 Bean Chilli^{VG}, Meat Free Balls^{VG}

DESSERTS

VEGAN VANILLA ICE CREAM^{VG} 5.50

BROWNIE^{VG} 6.50

With vegan vanilla ice cream

STRAWBERRY SUNDAE^{VG} 6.50

Vegan vanilla ice cream, fresh strawberries & strawberry sauce

ROCK GARDEN

#SUPPORTLOCAL



rockgardentorquay.co.uk

